



# School SBIRT Training

**(Screening, Brief Intervention, and Referral to Treatment)**  
*A Training Opportunity for Middle and High School Student Services Staff*

## What is SBIRT?

SBIRT is a comprehensive and evidence-based model for delivery by student services. The service begins with administering a standardized Screening instrument. For students who show moderate or high risk results, a Brief Intervention (BI) is conducted. The BI is delivered with motivational interviewing and is protocol-guided. For those students who show high risk concerns and who do not respond to the BI, a Referral to Treatment may be initiated.

## Why SBIRT in Schools?

- Evidence-based for addressing student alcohol/drug involvement and evidence-informed for addressing a range of other behavioral concerns, including attendance and classroom behavior
- Student-centered and strength-based
- Teens rate the service with high levels of satisfaction
- Provides a Tier II and Tier III practice with PBIS
- Response-to-Intervention can be ascertained by using baseline and follow-up screening results

## Training Description

### ■ A requirement of registration is to complete:

1. A Pre-training Reading Assignment, and 2. An initial Implementation Plan Both are available at: [www.wishschools.org/resources/schoolsbirt.cfm](http://www.wishschools.org/resources/schoolsbirt.cfm)

Submit both documents, prior to first day of training to:

Tracy Herlitzke, [therlitzke@cesa4.org](mailto:therlitzke@cesa4.org)

■ **Initial Training (Day 1)**— Overview of SBIRT, introduction to the requisite skills (Motivational Interviewing), and practice on delivering protocol-guided Brief Intervention services. Audio tape delivery of Brief Intervention.

■ **Adopt SBIRT Into Practice and Continue Implementation Planning**— Staff deliver SBIRT services and track initial implementation. Staff meet with student services leadership to complete Implementation Plan.

■ **Follow-up Training (Day 2)**— Staff receive individualized feedback from fidelity review of audiotape. Continue skill building, practice delivering SBIRT, and refining Implementation Plan.

**Workshop Questions:** Tracy Herlitzke (608) 786-4838; [therlitzke@cesa4.org](mailto:therlitzke@cesa4.org)

**Registration Questions:** Mary Devine (608) 786-4800; [mdevine@cesa4.org](mailto:mdevine@cesa4.org)

## Register Online:

**West Salem:** [www.myquickreg.com/event/event.cfm?eventid=14418](http://www.myquickreg.com/event/event.cfm?eventid=14418)

**Rice Lake:** [www.myquickreg.com/event/event.cfm?eventid=14432](http://www.myquickreg.com/event/event.cfm?eventid=14432)

**Pewaukee:** [www.myquickreg.com/event/event.cfm?eventid=12827](http://www.myquickreg.com/event/event.cfm?eventid=12827)

**Cost:** La Crosse County Schools may attend the West Salem workshop free of charge through the Drug Free Communities Grant. **Rice Lake School District** may attend the Rice Lake workshop free of charge through the school district.

**All others:** \$100/per person (Lunch and snacks provided) **Payable to:** CESA #4

**Send Payment to:** CESA #4 ATTN: Mary Devine, 923 East Garland Street, West Salem, WI 54669—PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!

## TIME—All Workshops

Registration: 8:00am—8:30am

Workshop: 8:30am-3:30pm

## DATES/LOCATIONS:

### ■ January 19 & February 26, 2016

CESA #4, 923 East Garland Street

West Salem, WI 54669

Contact: Carol Zabel, CESA #10

(715) 720-2145; [czabel@cesa10.org](mailto:czabel@cesa10.org)

### ■ January 28 & February 29, 2016

Rice Lake Middle School

204 Cameron Road

Rice Lake, WI 54868

Contact: Carol Zabel, CESA #10

(715) 720-2145; [czabel@cesa10.org](mailto:czabel@cesa10.org)

### ■ February 11 & April 15, 2016

CESA #1, N25 W23131 Paul Road,

Suite 100, Pewaukee, WI 53072

Contact: Christine Kleiman, CESA #7

(920) 617-5465; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)



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